References

1. Moore K. Site specific versus diffuse treatment / presenting severity of obstructive sleep apnea. Sleep Breath 2000; 4: 145-146
2. Remmers JE, de Groot WJ, Sauerland EK, Anch AM. Pathogenesis of the upper airway occlusion during sleep. J Appl Physiol 1978; 44: 931-938
3. Phillipson EA. Control of breathing during sleep. Am Rev Respir Dis 1978; 118: 909-939
4. Guillemnault C, Stoohs R, Clerk J, Simmons J, Labanowski M. A cause of excessive daytime sleepiness: the upper airway resistance syndrome. Chest 1993; 104: 781-787
5. Guilleminault C, van den Hoed J, Mitler MM. In: Guilleminault C, Dement WC: Sleep apnea syndromes. Alan R. Liss Inc, New York; 1978: p1-12
6. Jennum P, Hein HO, Suadicani P, Gyntelberg F. Cardiovascular risk factors in snorers. A cross sectional study of 3323 men aged 54 to 74 years: the Copenhagen Mal Study. Chest 1992; 102: 1371-1376
7. Young T, Palat M, Dempsey J, Skatrud J, Weber S, Badr S. The occurrence of sleep-disordered breathing among middle-aged adults. N Engl J Med 1993; 328: 1230-1235
8. Hung J, Whitford EG, Parsons RW, Hillman DR. Association of sleep apnoea with myocardial infarction in men. Lancet 1990; 336: 261-264
9. Dyken ME, Sommers VK, Yamada T, Ren ZY, Zimmerman MB. Investigating the relationship between stroke and obstructive sleep apnea. Stroke 1996; 27: 401-407
10. Peppard P, Young T, Palta M, Skatrud J. Prospective study of the association between sleep disordered breathing and hypertension. N Engl J Med 2000; 342: 1378-1384
11. Teran-Santos J, Jimenez-Gomez A, Cordero-Guevara J. The association between sleep apnea and the risk of traffic accidents. Cooperative Group Burgos-Santander. N Engl J Med 1999; 340: 847-851
12. American Sleep Disorders Association. Practice parameters for the indications for polysomnography and related procedures. Sleep 1997; 20: 406-422
13. Fischer J, Mayer G, Hermann J, Riemann D, Sitter H. Untersuchungsstandards im medizinischen Zentrum. Somnologie 2001; 5 (Suppl 3): 41-59
14. American Sleep Disorders Association. Practice parameters for the treatment of obstructive sleep apnea in adults: the efficacy of surgical modifications of the upper airway. Sleep 1996; 19: 152-155
15. Lugaresi E, Cirignotta F, Gerardi R, Montagna P. Snoring and sleep apnea: Natural history of heavy snorers disease. In Guilleminault C, Partinen M (editors): Obstructive sleep apnea syndrome: Clinical research and treatment. New York, Raven Press, 1990; p 25-36
16. Mortimore IL, Bradley PA, Murray JA, Douglas NJ. Uvulopalatopharyngoplasty may compromise nasal CPAP therapy in sleep apnea syndrome. Am J Respir Crit Care Med 1996; 154: 1759-1762
17. He J, Kryger MH, Zorick FJ, Conway W, Roth T. Mortality and apnea index in obstructive sleep apnea: Experience in 385 male patients. Chest 1988; 94: 9-14
18. Pirsig W, Hörmann K, Siegert R, Maurer J, Verse T. Leitlinie der Deutschen Gesellschaft für Hals-Nasen-Ohren-Heilkunde, Kopf- und Halschirurgie „Obstruktive Schlafapnoe“ [in German]. HNO 1998; 46: 730
19. Fujita S. Pharyngeal surgery for obstructive sleep apnea and snoring. In: Fairbanks DNF (Eds) Snoring and obstructive sleep apnea. Raven Press, New York; 1987; pp 101-128
20. Canadian Task Force on the Periodic Health Examination. The periodic health examination: 2. 1987 update. Can Med Assoc J 1988;138:618-626
21. Canadian Task Force on the Periodic Health Examination. The Canadian guide to clinical preventive health care. Ottawa: Minister of Supply and Services, Canada, 1994
22. Browman CP, Sampson MG, Yolles FS, Gujavarti KS, Weiler SJ, Walsleben JA, Hahn PM, Mitler MM. Obstructive sleep apnea and body weight. Chest 1984; 85: 435-438
23. Sampol G, Munoz X, Sagalés MT, Marti S, Roca A, Dolors de la Calzada M, Lloberes P, Morell F. Long-term efficacy of dietary weight loss in sleep apnoea/hypopnoea syndrome. Eur Respir J 1998; 12: 1156-1159
24. Maurer JT, Hein G, Stuck BA, Verse T, Hörmann K. Treatment of obstructive sleep apnea with a new vest preventing the supine position [in German]. DMW 2003; 128: 71-75
25. Hein H, Magnussen H. Who did what with drugs in sleep apnea syndrome? [in German] Somnologie 1998; 2: 77-88
26. Sullivan CE, Issa FG, Berthon-Jones M, Eves L. Reversal of obstructive sleep apnoea by continuous positive airway pressure applied through the nares. Lancet 1981; 1: 862-865
27. Dobrowski JM, Ahmed M. Positive airway pressure for obstructive sleep apnea. In: Fairbanks DNF, Mickelson SA, Woodson BT. Snoring and obstructive sleep apnea. 3rd edition, Lippincott Williams & Wilkins, Philadelphia, 2002: p. 95-106
28. Jenkinson C, Davies RJO, Stradling JR. Comparison of therapeutic and subtherapeutic nasal continuous positive airway pressure for obstructive sleep apneoea: a randomised prospective parallel trial. Lancet 1999; 353: 2100-2105
29. Ballester E, Badia JR, Hernandez L, Carrasco E, de Pablo J, Fornas C, Rodriguez-Roisin R, Montserrat JM. Evidence of the effectiveness of continuous positive airway pressure in the treatment of sleep apnea/hypopnea

syndrome. Am J Respir Crit Care Med. 1999; 159: 495-501

30. McArdle N, Dervereux G, Heidarnejad H, Engleman HM, Mackay TW, Douglas NJ. Long-term use of CPAP therapy for sleep apnea / hypopnea syndrome. Am J Respir Crit Care Med 1999; 159: 1108-1114
31. Janson C, Nöges E, Svedberg-Brandt S, Lindberg E. What characterizes patients who are unable to tolerate continuous positive airway pressure (CPAP) treatment? Resp Med 2000; 94: 145-149
32. Souter MA, Stevenson S, Sparks B, Drennan C. Upper airway surgery benefits patients with obstructive sleep apnoea who cannot tolerate nasal continuous positive airway pressure. J Laryngol Otol 2004; 118: 270-274
33. Schmidt-Nowara W, Lowe A, Wiegand L, Cartwright R, Perez-Guerra F, Menn S. Oral appliances for the treatment of snoring and obstructive sleep apnea: a review. Sleep 1995; 18: 501-510
34. Menn SJ, Loube DI, Morgan TD, Mitler MM, Berger JS, Erman MK. The mandibula repositioning device: role in the treatment of obstructive sleep apnea. Sleep 1996; 19: 794-800
35. Clark GT, Blumenfeld I, Yoffe N, Peled E, Lavie P. A crossover study comparing the efficacy of continuous positive airway pressure with anterior mandibular positioning devices on patients with obstructive sleep apnea. Chest 1996; 109: 1477-1483
36. Ferguson KA, Ono T, Lowe AA, Keenan SP, Fleetham JA. A randomized crossover study of an oral appliance vs nasal-continuous positive airway pressure in the treatment of mild-moderate obstructive sleep apnea. Chest 1996; 109: 1269-1275
37. Pantin CC, Hillman DR, Tennant M. Dental side effects of an oral device to treat snoring and obstructive sleep apnea. Sleep 1999; 22: 237-240
38. Randerath WJ, Galetke W, Domanski U, Weitkunat R, Ruhle KH. Tongue-muscle training by intraoral electrical neurostimulation in patients with obstructive sleep apnea. Sleep 2004; 27: 254-259
39. Verse T, Schwalb J, Hörmann K, Stuck BA, Maurer JT. Submental transcutaneous electrical stimulation for obstructive sleep apnea [in German]. HNO 2003; 51: 966-970
40. Nieminen P, Tolonen U, Löppönen H. Snoring and obstructive sleep apnea in children. A 6-month follow-up study. Arch Otolaryngol Head Neck Surg 2000; 126: 481-486
41. Jain A, Sahni JK. Polysomnographic studies in children undergoing adenoidectomy and/or tonsillectomy. J Laryngol Otol 2002; 116: 711-715
42. Brooks LJ, Stephens BM, Bacevice AM. Adenoid size is related to severity but not the number of episodes of obstructive apnea in children. J Pediatr 1998; 132: 682-686
43. Hibbert J, Stell P. Adenoidectomy. An evaluation of the indications. Arch Dis Child 1978; 53: 910-911
44. Chen JM, Schloss MD, Azouz ME. Antrochoanal polyp: a 10-year retrospective study in the pediatric population with a review of the literature. J Otolaryngol 1989: 18: 168-172
45. Orvidas LJ, Beatty CW, Weaver AL. Antrochoanal polyps in children. Am J Rhinol 2001: 15: 321-325
46. Rodgers GK, Chan KH, Dahl RE. Antral choanal polyp presenting as obstructive sleep apnea syndrome. Arch Otolaryngol Head Neck Surg 1991; 117: 914-916
47. Salib RJ, Sadek SA, Dutt SN, Pearman K. Antrochoanal polyp presenting with obstructive sleep apnoea and cachexia. Int J Pediatr Otorhinolaryngol 2000: 54: 163-166
48. Brausewetter F, Hecht M, Pirsig W. Antrochoanal polyp and obstructive sleep apnoea in children. J Laryngol Otol 2004; 118: 453-458
49. Crampette L, Mondain M, Rombaux P. Sphenochoanal polyp in children. Diagnosis and treatment. Rhinology 1995: 33: 43-45
50. Donnelly LF, Surdulescu V, Chini BA, Casper KA, Poe SA, Amin RS. Upper airway motion depicted at cine MR imaging performed during sleep: comparison between young patients with and those without obstructive sleep apnea. Radiology 2003; 227: 239-245
51. Khalifa MS, Kamel RH, Abu Zikry M, Kandil TM. Effect of enlarged adenoids on arterial blood gases in children. J Laryngol Otol 1991; 105: 436-438
52. Paditz E, Knauth H, Baerthold W. Effect of adenotomy on mental performance of children with adenoid vegetations [in German]. Wien Med Wochenschr 1996; 146: 327-328
53. Guilleminault C, Eldridge FL, Simmons FB, Dement WC. Sleep apnea in eight children. Pedriatrics 1976; 58: 23-30
54. Konno A, Hoshino T, Togawa K. Influence of upper airway obstruction by enlarged tonsils and adenoids upon recurrent infection of the lower airway in childhood. Laryngoscope 1980; 90: 1709-1716
55. Hultcrantz E, Linder A, Markström A. Tonsillectomy or tonsillotomy? - a randomized study comparing postoperative pain and long-term effects. Int J Pediatr Otorhinolaryngol 1999; 51: 171-176
56. Nelson LM. Radiofrequency treatment for obstructive tonsillar hypertrophy. Arch Otolaryngol Head Neck Surg 2000; 126: 736-740
57. Agren K, Nordlander B, Linder-Aronsson S, Zettergren-Wijk L, Svanborg E. Children with nocturnal upper airway obstruction: postoperative orthodontic and respiratory improvement. Acta Otolaryngol 1998; 118: 581-587
58. Ahlquist-Rastad J, Hultcrantz E, Svanholm H. Children with tonsillar obstruction: indications for and efficacy of tonsillectomy. Acta Pediatr Scand 1988; 77: 831-835

59. Helling K, Abrams J, Bertram WK, Hohner S, Scherer H. Laser tonsillotomy – a method for treating tonsillar hyperplasia in early childhood [in German]. HNO 2002; 50: 410-414
60. Swift AC. Upper airway obstruction, sleep disturbance and adenotonsillectomy in children. J Laryngol Otol 1988; 102: 419-422
61. Stradling JR, Thomas G, Earley ARH, Williams P, Freeland A. Effect of adenotonsillectomy on nocturnal hypoxaemia, sleep disturbance, and symptoms in snoring children. Lancet 1990; 335: 249-253
62. Urschitz MS, Guenther A, Eggebrecht E, Wolf J, Urschitz-Duprat PM, Schlaud M, Poets CF. Snoring, intermittent hypoxia and academic performance in primary school children. Am J Respir Crit Care Med 2003; 168: 464-468
63. Blunden S, Lushington K, Kennedy D, Martin J, Dawson D. Behavior and neurocognitive performance in children aged 5-10 years who snore compared to normal controls. J Clin Exp Neuropsych 2000; 22: 554-568
64. Friedman BC, Hendeles-Amitai A, Kozminsky E, Leiberman A, Friger M, Tarasiuk A, Tal A. Adenotonsillectomy improves neurocognitive function in children with obstructive sleep apnea syndrome. Sleep 2003; 26: 999-1005
65. Frank Y, Krevath RE, Pollak CP, Weitzman ED. Obstructive sleep apnea and its therapy: clinical and polysomnographic manifestations. Pediatrics 1983; 71: 737-742
66. Bar A, Tarasiuk A, Segev Y, Phillip M, Tal A. The effect of adenotonsillectomy on serum insulin-like growth factor-I and growth in children with obstructive sleep apnea syndrome. J Pediatr 1999; 135: 76-80
67. Helfaer MA, McColley SA, Pyzik PL, Tunkel DE, Nichols DG, Baroody FM, April MM, Maxwell LG, Loughlin GM. Polysomnography after adenotonsillectomy in mild pediatric obstructive sleep apnea. Am J Resp Crit Care Med. 1996; 24: 1232-1327
68. Shintani T, Asakura K, Kataura A. The effect of adenotonsillectomy in children with OSA. Int J Pediatr Otorhinolaryngol 1998; 44: 51-58
69. Suen JS, Arnold JE, Brooks LJ. Adenotonsillectomy for treatment of obstructive sleep apnea in children. Arch Otolaryngol Head Neck Surg. 1995; 121: 525-530
70. Wiet GJ, Bower C, Seibert R, Griebel M. Surgical correction of obstructive sleep apnea in the complicated pediatric patient documented by polysomnography. Int J Pediatr Otorhinolaryngol 1997; 41: 133-143
71. Zucconi M, Strambi LF, Pestalozza G, Tessitore E, Smire S. Habitual snoring and obstructive sleep apnea syndrome in children: effect of early tonsil surgery. Int J Pediatr Otorhinolaryngol 1993; 26: 235-243
72. Nandapalan V, McCormick MS, Jones TM, Gibson H. Does adenotonsillectomy cure hypoxaemia in children with sleep apnoea and congenital cardiac pathology? Int J Pediatr Otorhinolaryng 1999; 50: 55-62
73. Kudoh F, Sanai A. Effect of tonsillectomy and adenoidectomy on obese children with sleep-associated breathing disorders. Acta Otolaryngol 1996; Suppl 523: 216-218
74. Guilleminault C, Partinen M, Praud JP, Quera-Salva MA, Powell N, Riley R. Morphometric facial changes and obstructive sleep apnea in adolescents. J Pediatr 1989; 114: 997-999
75. Guilleminault C, Korobkin R, Winkle R. A review of 50 children with obstructive sleep apnea syndrome. Lung 1981; 159: 275-287
76. Aubert-Tulkens G, Hamoir M, van den Eeckhaut J, Rodenstein DO. Failure of tonsil and nose surgery in adults with long-standing severe sleep apnea syndrome. Arch Intern Med 1989; 149: 2118-2121
77. Houghton DJ, Camilleri AE, Stone P. Adult obstructive sleep apnoea syndrome and tonsillectomy. J Laryngol Otol 1997; 111: 829-832
78. Moser RJ, Rajagopal KR. Obstructive sleep apnea in adults with tonsillar hypertrophy. Arch Intern Med. 1987; 147: 1265-1267
79. Orr WC, Martin RJ. Obstructive sleep apnea associated with tonsillar hypertrophy in adults. Arch Intern Med 1981; 141: 990-992
80. Rubin AH, Eliaschar I, Joachim Z, Alroy G, Lavie P. Effects of nasal surgery and tonsillectomy on sleep apnea. Bull Eur Physiopathol Respir 1983; 19: 612-615
81. Verse T, Kroker B, Pirsig W, Brosch S. Tonsillectomy for treatment of obstructive sleep apnea in adults with tonsillar hypertrophy. Laryngoscope 2000; 110: 1556-1559
82. Sher AE, Schechtman KB, Piccirillo JF. The efficacy of surgical modifications of the upper airway in adults with obstructive sleep apnea syndrome. Sleep 1996; 19: 156-177
83. Li KK, Powell NB, Riley RW, Troell RJ, Guilleminault C. Radiofrequency volumetric tissue reduction for treatment of turbinate hypertrophy: a pilot study. Otolaryngol Head Neck Surg 1998; 119: 569-573
84. Powell NB, Riley RW, Troell RJ, Li K, Blumen MB, Guilleminault C. Radiofrequency volumetric tissue reduction of the palate in subjects with sleep disordered breathing. Chest 1998; 113:1163-1174
85. Powell NB, Riley RW, Guilleminault C. Radiofrequency tongue base reducution in sleep-disordered breathing: a pilot study. Otolaryngol Head Neck Surg 1999; 120: 656-664
86. Friedman M, LoSavio P, Ibrahim H, Ramakrishnan V. Radiofrequency tonsil reduction: safety, morbidity, and efficacy. Laryngoscope 2003; 113: 882-887
87. Nelson LM. Temperature-controlled radiofrequency tonsil reduction in children. Arch Otolaryngol Head Neck Surg 2003; 129: 533-537

88. Nelson LM. Temperature-controlled radiofrequency tonsil reduction: extended follow-up. Otolaryngol Head Neck Surg 2001; 125: 456-461
89. Fischer Y, Khan M, Mann WJ. Multilevel temperature-controlled radiofrequency therapy of soft palate, base of tongue, and tonsils in adults with obstructive sleep apnea. Laryngoscope 2003; 113: 1786-1791
90. Verse T, Pirsig W. Laser-assisted uvulopalatoplasty in the treatment of obstructive sleep apnea [in German]. HNO aktuell 2000; 8: 195-202
91. Haavisto L, Suonpaa J. Complications of uvulopalatoplasty. Clin Otolaryngol 1994; 19: 243-247
92. Katsantonis GP, Friedman WH, Krebs FJ, Walsh JK. Nasopharyngeal complications following uvulopalatopharyngoplasty. Laryngoscope 1987; 97: 309-314
93. Pirsig W, Schäfer J, Yildiz F, Nagel J. Uvulopalatopharyngoplasty without complications: a Fujita modification [in German]. Laryngo-Rhino-Otol 1989; 68: 585-590
94. Fujita S, Conway W, Zorick F. Surgical correction of anatomic abnormalities in obstructive sleep apnea syndrome: Uvulopalatopharyngoplasty. Otolaryngol Head Neck Surg 1981; 89: 923-934
95. Macnab T, Blokmanis A, Dickson RI. Long-term results of uvulopalatopharyngoplasty for snoring. J Otolaryngol 1992; 21: 350-354
96. Levin BC, Becker GD. Uvulopalatopharyngoplasty for snoring: long-term results. Laryngoscope 1994; 104: 1150-1152
97. Chabolle F, de Dieuleveult T, Cabanes J, Séquert C, Dahan S, Drweski P, Engalenc D. Long-term results of surgical pharyngotomy (uvulo-palato-pahryngoplasty) versus office CO2 laser (LAUP) for treatment of uncomplicated rhonchopathy [in French]. Ann Otolaryngol Chir Cervicofac 1998; 115: 196-201
98. Hultcrantz E, Johansson K, Bengtson H. The effect of uvulopalatopharyngoplasty without tonsillectomy using local anaesthesia: a prospective long-term follow-up. J Laryngol Otol 1999; 113: 542-547
99. Hagert B, Wahren LK, Wikblad K, Ödkvist L. Patients´and cohabitants reports on snoring and daytime sleepiness, 1 - 8 years after surgical ttreatment of snoring. ORL J Otolaryngol Relat Spec 1999; 61: 19-24
100. Pasche P, Pellanda A, Jaques B. Obstructive sleep apnea syndrome and snoring: what is the role of surgery? Otorhinolaryngol Nova 2000; 10: 127-137
101. Hicklin LA, Tostevin P, Dasan S. Retrospective survey of long-term results and patient satisfaction with uvulopalatopharyngoplasty for snoring. J Laryngol Otol 2000; 114: 675-681
102. Hassid S, Afrapoli AH, Decaaestecker C, Choufani G. UPPP for snoring: long-term results and patient satisfaction. Acta Otorhinolaryngol Belg 2002; 56: 157-162
103. Boudewyns A de Cock W, Willemen M, Wagemans M, de Backer W, van de Heyning PH. Influence of uvulopalatopharyngoplasty on alpha-EEG arousals in nonapneic snorers. Eur Respir J 1997; 10: 129-132
104. Janson C, Hillerdal G, Larsson L, Hultcrantz E, Lindholm CE, Bengtsson H, Hetta J. Excessive daytime sleepiness and fatigue in nonapnoeic snorers: improvement after UPPP. Eur Respir J 1994; 7: 845-849
105. Osman EZ, Osborne JE, Hill PD, Lee BWV, Hammad Z. Uvulopalatopharyngoplasty versus laser assisted uvulopalatoplasty for the treatment of snoring: an objective randomized clinical trial. Clin Otolaryngol 2000; 25: 305-310
106. Osman EZ, Abo-Khatwa, Hill PD, Lee BWV, Osborne J. Palatal surgery for snoring: objective long-term evaluation. Clin Otolaryngol 2003; 28: 257-261
107. Lysdahl M, Haraldson PO. Uvulopalatopharyngoplasty versus laser uvulopalatoplasty: prospective long-term follow-up of self-reported symptoms. Acta Otolaryngol 2002; 122: 752-757
108. Perello-Scherdel E, Quesada P, Lorente J, Lao J, Prades J. Long-term follow-up of partial resection of the palate as a surgical treatment for obstructive sleep apnea syndrome. In: Tos M, Thomsen J, Balle V (eds): Rhinology - a state of the art. Kugler, Amsterdam, New York; 1995: pp 261-262
109. Lu SJ, Chang SY, Shiao GM. Comparison between short-term and long-term post-operative evaluation of sleep apnea after uvulopalatopharyngoplasty. J Laryngol Otol 1995; 109: 308-312
110. Larsson LH, Carlsson-Nordlander B, Svanborg E. Four-year follow-up after uvulopalatopharyngoplasty in 50 unselected patients with obstructive sleep apnea syndrome. Laryngoscope 1994; 104: 1362-1368
111. Janson C, Gislason T, Bengtsson H, Eriksson G, Lindberg E, Lindholm CE, Hultcrantz E, Hetta J, Boman G. Long-term follow-up of patients with obstructive sleep apnea treated with uvulopalatopharyngoplasty. Arch Otolaryngol Head Neck Surg 1997, 123: 257-262
112. Boot H, van Wegen R, Poublon RML, Bogaard JM, Schmitz PIM, van der Meche FGA. Long-term results of uvulopalatopharyngoplasty for obstructive sleep apnea syndrome. Laryngoscope 2000; 110: 469-475
113. Lysdahl M, Haraldson PO. Long-term survival after uvulopalatopharyngoplasty in nonobese heavy snorers: a 5- to 9-year follow-up of 400 consecutive patients. Arch Otolaryngol Head Neck Surg 2000; 126: 1136-1140
114. Keenan SP, Burt H, Ryan CF, Fleetham JA. Long-term survival of patients with obstructive sleep apnea treated by uvulopalatopharyngoplasty or nasal CPAP. Chest 1994; 105: 155-159

115. Haraldson PO, Carenfelt C, Persson HE, Sachs C, Tornros J. Simulated long-term driving performance before and after uvulopalatopharyngoplasty. ORL J Otorhinolaryngol Relat Spec 1991; 53: 106-110
116. Haraldsson PO, Carenfelt C, Lysdahl M, Tingvall C. Does uvulopalatopharyngoplasty inhibit automobile accidents? Laryngoscope 1995; 105: 657-661
117. Verse T, Pirsig W. Laser-assisted uvulopalatoplasty. A metanalysis. In: Fabiani M, Saponara M (eds.): Surgery for snoring and obstructive sleep apnea syndrome. Kugler Publications, Amsterdam, 2003; pp 463-474
118. Carenfelt C. Laser uvulopalatopharyngoplasty in treatment of habitual snoring. Ann Otol Rhinol Laryngol 1991; 100: 451-454
119. Kamami YV. Laser CO2 for snoring: preliminary results. Acta Otorhinolaryngol Belg 1990; 44: 451-456
120. Coleman JA. Laser-assisted uvulopalatoplasty: Long-term results with a treatment for snoring. Ear, Nose & Throat J 1998; 77: 22-34
121. Ellis PDM. Laser palatoplasty for snoring due to palatal flutter: a further report. Clin Otolaryngol 1994; 19: 350-351
122. Albu S, De Min G, Forti A, Babighian G. Nd:YAG laser-assisted uvulopalatoplasty for snoring. Acta Otolaryngol Belg 1998; 52: 69-73
123. Wennmo C, Olsson P, Flisberg K, Paulsson B, Luttrup S. Treatment of snoring-with and without carbon dioxide laser. Acta Otolaryngol (Stockh) 1992; 492 Suppl: 152-155
124. Shehab ZP, Robin PE. Comparison of the effectiveness of uvulopalatopharyngoplasty and laser palatoplasty for snoring. Clin Otolaryngol 1997; 22: 158-161
125. Morar P, Nandapalan V, Lesser THJ, Swift AC. Mucosal-strip/uvulectomy by the CO2 laser as a method of treating simple snoring. Clin Otolaryngol 1995; 20: 308-311
126. Hanada T, Furuta S, Tateyama T, Uchizono A, Seki D, Ohyama M. Laser-assisted uvulopalatoplasty with Nd: YAG laser for sleep disorders. Laryngoscope 1996; 106: 1531-1533
127. Vukovic L, Hutchings J. Patient evaluation of Laser-assisted uvulopalatoplasty. J Otolaryngol (Toronto) 1996; 25: 404-407
128. Walker RP, Grigg-Damberger MM, Gopalsami C, Totten MC. Laser-assisted uvulopalatoplasty for snoring and obstructive sleep apnea: Results in 170 patients. Laryngoscope 1995; 105: 938-943
129. Astor FC, Hanft KL, Benson C, Amaranath A. Analysis of short-term outcome after office-based laser-assisted uvulopalatoplasty. Otolaryngol Head Neck Surg 1998; 118: 478-480
130. Schlieper J, Brinkmann B, Karmeier A, Pakusa T. Success rate and complications in primary laser-assisted uvulopalatoplasty (LAUP) for patients with rhonchopathy. [in German]. Mund Kiefer Gesichts Chir 2002; 6: 146-152
131. Sharp HR, Mitchell DB. Long-term results of laser-assted uvulopalatoplasty for snoring. J Laryngol Otol 2001; 115: 897-900
132. Neruntarat C. Laser-assisted uvulopalatoplasty: short-term and long-term results. Otolaryngol Head Neck Surg 2001; 124: 90-93
133. Berger G, Finkelstein Y, Stein G, Ophir D. Laser-assisted uvulopalatoplasty for snoring: medium- to long-term subjective and objective analysis. Arch Otolaryngol Head Neck Surg 2001; 127: 412-417
134. Kyrmizakis DE, Chimona TS, Papadakis CE, Bizakis JG, Velegrakis GA, Schiza S, Siafakas NM, Helidonis ES. Laser-assited uvulopalatoplasty for the treatment of snoring and mild obstructive sleep apnea syndrome. J Otolaryngol 2003; 32: 174-179
135. Uppal S, Nadig S, Jones C, Nicolaides AR, Coatesworth AP. A prospective single-blinded randomized-controlled trial comparing two surgical techniques for the treatment of snoring: laser palatoplasty versus uvulectomy with punctate palatal diathermy. Clin Otolaryngol 2004; 29: 254-263
136. Troell RJ, Powell NB, Riley RW, Li KK, Guilleminault C. Comparison of postoperative pain between laser-assisted uvulopalatoplasty, uvulopalatopharyngoplasty, and radiofrequency volumetric tissue reduction of the palate. Otolaryngol Head Neck Surg 2000; 122: 402-409
137. Blumen MB, Dahan S, Wagner I, De Dieuleveult T, Chabolle F. Radiofrequency versus LAUP for the treatment of snoring. Otolaryngol Head Neck Surg 2002;126:67-73
138. Rombaux P, Hamoir M, Bertrand B, Aubert G, Liistro G, Rodenstein D. Postoperative pain and side effects after uvulopalatopharyngoplasty, laser-assisted uvulopalatoplasty, and radiofrequency tissue volume reduction in primary snoring. Laryngoscope 2003; 113: 2169-2173
139. Verse T, Pirsig W. Meta-analysis of laser-assisted uvulopalatopharyngoplasty. What is clinically relevant up to now? [in German] Laryngo-Rhino-Otol 2000; 79: 273-284
140. Utley DS, Shin EJ, Clerk AA, Terris DJ. A cost-effective and rational surgical approach to patients with snoring, upper airway resistance syndrome, or obstructive sleep apnea syndrome. Laryngoscope 1997; 107: 726-734
141. Mickelson SA, Ahuja A. Short-term objective and long-term subjective results of laser-assisted uvulopalatoplasty for obstructive sleep apnea. Laryngoscope 1999; 109: 362-367
142. Walker RP, Grigg-Damberger MM, Gopalsami C. Laser-assisted uvulopalatopharyngoplasty for the treatment of mild, moderate, and severe obstructive sleep apnea. Laryngoscope 1999; 109: 79-85
143. Ryan CF, Love LL. Unpredictable results of laser assisted uvulopalatoplasty in

the treatment of obstructive sleep apnoea. Thorax 2000; 55: 399-404
144. Seemann RP, DiToppa JC, Holm MA, Hanson J. Does laser-assisted uvulopalatoplasty work? An objective analysis using pre- and postoperative polysomnographic studies. J Otolaryngol 2001; 30: 212-215
145. Finkelstein Y, Stein G, Ophir D, Berger R, Berger G. Laser-assisted uvulopalatoplasty for the management of obstructive sleep apnea. Myths and facts. Arch Otolaryngol Head Neck Surg 2002; 128: 429-434
146. Ferguson KA, Heighway H, Ruby RRF. A randomized trial of laser-assisted uvulopalatoplasty in the treatment of mild obstructive sleep apnea. Am J Respir Crit Care Med 2003; 167: 15-19
147. Berger G, Stein G, Ophir D, Finkelstein Y. Is there a better way to do laser-assisted uvulopalatoplasty? Arch Otolaryngol Head Neck Surg 2003; 129: 447-453
148. Kern RC, Kutler DI, Reid KJ, Conley DB, Herzon GD, Zee P. Laser-assisted uvulopalatoplasty and tonsillectomy for the management of obstructive sleep apnea syndrome. Laryngoscope 2003; 113: 1175-1181
149. Berger G, Finkelstein Y, Ophir D. Histopathologic changes in the soft palate after laser-assisted uvulopalatoplasty. Arch Otolaryngol Head Neck Surg 1999; 125: 786-790
150. Littner M, Kushida CA, Hartse K, McDowell Anderson W, Davila D, Johnson SF, Wise MS, Hirshkowitz M, Woodson BT (Standards of Practice Committee, American Academy of Sleep Medicine). Practice parameters for the use of laser-assisted uvulopalatoplasty: an update for 2000. Sleep 2001; 24: 603-619
151. Stuck BA, Maurer JT, Hein G, Hörmann K, Verse T. Radiofrequency surgery of the soft palate in the treatment of snoring – a review of the literature. Sleep 2004; 27: 551-555
152. Boudewyns A, Van De Heyning P. Temperature-controlled radiofrequency tissue volumetric reduction of the soft palate (SomnoplastyÒ) in the treatment of habitual snoring: Results of a European multicenter trial. Acta Otolaryngol 2000;120:981-985
153. Cartwright R, Venkatesan TK, Caldarelli D, Diaz F. Treatments for snoring: A comparison of Somnoplasty and an oral appliance. Laryngoscope 2000;110:1680-1683
154. Coleman SC, Smith TL. Midline radiofrequency tissue reduction of the palate for bothersome snoring and sleep disordered breathing: A clinical trial. Otolaryngol Head Neck Surg 2000;122:387-394
155. Emery BE, Flexon PB. Radiofrequency volumetric tissue reduction of the soft palate: A new treatment for snoring. Laryngoscope 2000;110:1092-1098
156. Fischer Y, Hafner B, Mann WJ. Radiofrequency ablation of the soft palate (somnoplasty). A new method in the treatment of habitual and obstructive snoring [in German]. HNO 2000;48:33-40
157. Hukins CA, Mitchell IC, Hillman DR. Radiofrequency tissue volume reduction of the soft palate in simple snoring. Arch Otolaryngol Head Neck Surg 2000;126:602-606
158. Li KK, Powell NB, Riley RW, Troell RJ, Guilleminault C. Radiofrequency volumetric tissue reduction of the palate: An extended follow-up study. Otolaryngol Head Neck Surg 2000;122:410-414
159. Taliaferro C. Submucosal radiosurgical uvulopalatoplasty for the treatment of snoring: is the monitoring of tissue impedance and temperature necessary ? Otolaryngol Head Neck Surg. 2000;124:46-50
160. Back L, Palomaki M, Piilonen A, Ylikoski J. Sleep-disordered breathing: Radiofrequency thermal ablation is a promising new treatment possibility. Laryngoscope 2001; 111:464-471
161. Ferguson M, Smith TL, Zanation AM, Yarbrough WG. Radiofrequency tissue volume reduction. Multilesion vs single-lesion treatments for snoring. Arch Otolaryngol Head Neck Surg 2001;127:312-318
162. Sher AE, Flexon PB, Hillman D, Emery B, Swieca J, Smith TL, Cartwright R, Dierks E, Nelson L. Temperature-controlled radiofrequency tissue volume reduction in the human soft palate. Otolaryngol Head Neck Surg 2001;125:312-318
163. Back LJ, Tervahartiala PO, Piilonen AK, Partinen MM, Ylikoski JS. Bipolar radiofrequency thermal ablation of the soft palate in habitual snorers without significant desaturations assessed by magnetic resonance imaging. Am J Respir Crit Care Med 2002;166:865-871
164. Haraldsson PO, Karling J, Lysdahl M, Svanborg E. Voice quality after radiofrequency volumetric tissue reduction of the soft palate in habitual snorers. Laryngoscope 2002;112:1260-1263
165. Johnson JT, Pollack GL, Wagner RL. Transoral radiofrequency treatment of snoring. Otolaryngol Head Neck Surg 2002;127:235-237
166. Terris DJ, Coker JF, Thomas AJ, Chavoya M. Preliminary fndings from a prospective, randomized trial of two palatal operations for sleep-disordered breathing. Otolaryngol Head Neck Surg 2002;127:315-323
167. Trotter MI, D'Souza AR, Morgan DW. Medium-term outcome of palatal surgery for snoring using the SomnusTM unit. J Laryngol Otol 2002;116:116-118
168. Tatla T, Sandhu G, Croft CB, Kotecha B. Celon radiofrequency thermo-ablative palatoplasty for snoring – a pilot study. J Laryngol Otol 2003; 117: 801-806
169. Said B, Strome M. Long-term results of radiofrequency volumetric tissue reduction of the palate for snoring. Ann Otol Laryngol 2003; 112: 276-279
170. Fang TJ, Li HY, Shue CW, Lee LA, Wang PC. Efficacy of radiofrequency volumet-

ric tissue reduction of the soft palate in the treatment of snoring. Int J Clin Pract 2003; 57: 769-772
171. Blumen MB, Dahan S, Fleury B, Hausser-Hauw C, Chabolle F. Radiofrequency ablation for the treatment of mild to moderate obstructive sleep apnea. Laryngoscope 2002; 112: 2086-2092
172. Brown DJ, Kerr P, Kryger M. Radiofrequency tissue reduction of the soft palate in patients with moderate sleep-disordered breathing. J Otolaryngol 2001; 30: 193-198
173. Powell NB, Riley R, Guilleminault C, Troell R. A reversible uvulopalatal flap for snoring and sleep apnea syndrome. Sleep 1996; 593-599
174. Hörmann K, Erhard T, Hirth K, Maurer JT. Modified uvulopalatal flap technique for the treatment of sleep related disorders [in German]. HNO 2001; 49: 361-366
175. Neruntarat C. Uvulopalatal flap for snoring on an outpatient basis. Otolaryngol Head Neck Surg 2003; 129: 353-359
176. Li HY, Chen NH, Shu YH, Wang PC. Changes in quality of life and respiratory distrurbance after extended uvulopalatal flap surgery in patients with obstructive sleep apnea. Arch Otolaryngol Head Neck Surg 2004; 130: 195-200
177. Maurer JT, Verse T, Stuck BA, Hörmann K, Hein G. Palatal implants for primary snoring: Short-term results of a new minimally invasive surgical technique. Otolaryngol Head Neck Surg 2004; 131: in press
178. Maurer JT, Hein G, Verse T, Stuck BA, Hörmann K: Anti-Snoring-Device®: short-term results of a new minimally invasive surgical technique. Abstract. Otolaryngol Head Neck Surg 2003; 129: P 201
179. Ellis PDM, Williams JE, Shneerson JM. Surgical relief of snoring due to palatal flutter: a preliminary report. Ann R Coll Surg Engl 1993; 75: 286-290
180. Mair EA, Day RH. Cautery-assisted palatal stiffening operation. Otolaryngol Head Neck Surg 2000; 122: 547-555
181. Wassmuth Z, Mair E, Loube D, Leonhard D. Cautery-assisted palatal stiffening operation for the treatment of obstructive sleep apnea syndrome. Otolaryngol Head Neck Surg 2000; 122: 547-555
182. Brietzke SE, Mair EA. Injection snoreplasty: How to treat snoring without all the pain and expense. Otolaryngol Head Neck Surg 2001; 124: 503-510
183. Brietzke SE, Mair EA. Injection snoreplasty: Investigation of alternative sclerotherapy agents. Otolaryngol Head Neck Surg 2004; 130: 47-50
184. Brietzke SE, Mair EA. Extended follow-up and new objective data. Otolaryngol Head Neck Surg 2003; 128: 605-615
185. Wright S, Haight J, Zamel N, Hoffstein V. Changes in pharyngeal properties after uvulopalatopharyngoplasty. Laryngoscope 1989; 99: 62-65
186. Woodson BT, Toohill RJ. Transpalatal advancement pharyngoplasty for obstructive sleep apnea. Laryngoscope 1993; 103: 269-276
187. Woodson BT. Retropalatal airway characteristics in uvulopalatopharyngoplasty compared with transpalatal advancement pharyngoplasty. Laryngoscope 1997; 107: 735-740
188. Powell NB, Riley RW, Troell RJ, Blumen MB, Guilleminault C. Radiofrequency volumetric reduction of the tongue: a porcine pilot study for the treatment of obstructive sleep apnea syndrome. Chest 1997; 111: 1348-1355
189. Stuck BA, Maurer JT, Hormann K. Tongue base reduction with radiofrequency energy in sleep apnea [in German]. HNO 2001; 49: 530-537
190. Stuck BA, Maurer JT, Verse T, Hörmann K. Tongue base reduction with temperature-controlled radiofrequency volumetric tissue reduction for treatment of obstructive sleep apnea syndrome. Acta Otolaryngol 2002; 122: 531-536
191. Woodson BT, Nelson L, Mickelson S, Huntley T, Sher A. A multi-institutional study of radiofrequency volumetric tissue reduction for OSAS. Otolaryngol Head Neck Surg 2001; 125: 303-311
192. Li KK, Powell NB, Riley RW, Guilleminault C. Temperature-controlled radiofrequency tongue base reduction for sleep-disordered breathing: Long-term outcomes. Otolaryngol Head Neck Surg 2002; 127: 230-234
193. Riley RW, Powell NB, Li KK, Weaver EM, Guilleminault C. An adjunctive method of radiofrequency volumetric tissue reduction of the tongue for OSAS. Otolaryngol Head Neck Surg 2003; 129: 37-42
194. Mendelson WB. Use of sleep laboratory in suspected sleep apnea syndrome: Is one night enough? Cleve Clin J Med 1994; 61: 299-303
195. Meyer TJ, Eveloff SE, Kline LR, Millman RP. One negative polysomnogram does not exclude obstructive sleep apnea. Chest 1993; 103: 756-760
196. Patton TJ, Thawley SE, Water RC, Vandermeer PJ, Ogura JH. Expansion hyoidplasty: a potential surgical procedure designed for selected patients with obstructive sleep apnea syndrome. Experimental canine results. Laryngoscope 1983; 93: 1387-1396
197. Kaya N. Sectioning the hyoid bone as a therapeutic approach for obstructive sleep apnea. Sleep 1984; 7: 77-78
198. Riley RW, Powell NB, Guilleminault C. Obstructive sleep apnea and the hyoid: a revised surgical procedure. Otolaryngol Head Neck Surg 1994; 111: 717-721
199. Hörmann K, Hirth K, Erhardt T, Maurer JT, Verse T. Modified hyoid suspension for therapy of sleep related breathing disorders. operative technique and complications [in German]. Laryngo-Rhino-Otol 2001; 80: 517-521
200. Neruntarat C. Hyoid myotomy with suspension under local anesthesia for obstructive sleep apnea syndrome. Eur Arch Otorhinolaryngol 2003; 260: 286-290
201. Verse T, Baisch A, Hörmann K. Multilevel surgery for obstructive sleep ap-

nea. Preliminary objective results [in German]. Laryngo-Rhino-Otol 2004; 83: 516-522
202. Djupesland G, Schrader H, Lyberg T, Refsum H, Lilleas F, Godtlibsen OB. Palatopharyngoglossoplasty in the treatment of patients with obstructive sleep apnea syndrome. Acta Otolaryngol 1992; Suppl 492: 50-54
203. Fujita S, Woodson BT, Clark JL, Wittig R. Laser midline glossectomy as a treatment for the obstructive sleep apnea. Laryngoscope 1991; 101: 805-809
204. Woodson BT, Fujita S. Clinical experience with lingualplasty as part of the treatment of severe obstructive sleep apnea. Otolaryngol Head Neck Surg 1992; 107: 40-48
205. Mickelson SA, Rosenthal L. Midline glossectomy and epiglottidectomy for obstructive sleep apnea syndrome. Laryngoscope 1997; 107: 614-619
206. Chabolle F, Wagner I, Blumen M, Séquert C, Fleury B, de Dieuleveult T. Tongue base reduction with hyoepiglottoplasty: a treatment for severe obstructive sleep apnea. Laryngoscope 1999; 109: 1273-1280
207. Faye-Lund H, Djupesland G, Lyberg T: Glossopexia – Evaluation of a new surgical method for treating obstructive sleep apnea syndrome. Acta Otolaryngol 1992; Suppl 492: 46-49
208. DeRowe A, Günther E, Fibbi A, Lehtimaki K, Vahatalo K, Maurer J, Ophir D. Tongue-base suspension with a soft tissue-to-bone anchor for obstructive sleep apnea: preliminary clinical results of a new minimally invasive technique. Otolaryngol Head Neck Surg 2000; 122; 100-103
209. Woodson BT, deRowe A, Hawke M, Wenig B, Ross EB, Katsantonis GP, Mickelson SA, Bonham RE, Benbadis S. Pharyngeal suspension suture with Repose bone screw for obstructive sleep apnea. Otolaryngol Head Neck Surg 2000; 122: 395-401
210. Woodson BT. A tongue suspension suture for obstructive sleep apnea and snorers. Otolaryngol Head Neck Surg 2001; 124; 297-303
211. Sorrenti G, Piccin O, Latini G, Scaramuzzino G, Mondini S, Rinaldi Ceroni A. Tongue suspension technique in obstructive sleep apnea: personal experience [in Italian]. Acta Otorhinolaryngol Ital 2003; 23: 274-280
212. Riley RW, Powell NB, Guilleminault C. Inferior sagittal osteotomy of the mandible with hyoid myotomy-suspension: a new procedure for obstructive sleep apnea. Otolaryngol Head Neck Surg 1986; 94: 589-593
213. Riley RW, Powell NB, Guilleminault C. Inferior mandibular osteotomy and hyoid myotomy suspension for obstructive sleep apnea: a review of 55 patients. J Oral Maxillofac Surg 1989; 47: 159-164
214. Fibbi A, Ameli F, Brocchetti F, Peirano M, Garaventa G, Presta A, Baricalla F. Combined genioglossus advancement (ACMG): inferior sagittal mandibular osteotomy with genioglossus advancement and stabilization with suture in patients with OSAS. Preliminary clinical results [in Italian]. Acta Otorhinolaryngol Ital 2002; 22: 153-157
215. Kuo PC, West RA, Bloomquist DS, McNeil RW. The effect of mandibular osteotomy in three patients with hypersomnia sleep apnea. Oral Surg Oral Med Oral Path 1979; 48: 385–392
216. Prinsell JR. Maxillomandibular advancement (MMA) in a site-specific treatment approach for obstructive sleep apnea: a surgical algorithm. Sleep Breath 2000; 4: 147-154
217. Waite PD, Wooten V, Lachner JH, Guyette RF. Maxillomandibular advancement surgery in 23 patients with obstructive sleep apnea syndrome. J Oral Maxillofac Surg 1989; 47: 1256-1261
218. Riley RW, Powell NB, Guilleminault C. Maxillofacial surgery and nasal CPAP. A comparison of treatment for obstructive sleep apnea syndrome. Chest 1990; 98: 1421-1425
219. Hochban W, Conradt R, Brandenburg U, Heitmann J, Peter JH. Surgical maxillofacial treatment of obstructive sleep apnea. Plast Reconstr Surg 1997; 99: 619-626
220. Prinsell JR. Maxillomandibular advancement surgery in a site-specific treatment approach for obstructive sleep apnea in 50 consecutive patients. Chest 1999; 116: 1519-1529
221. Li KK, Riley RW, Powell NB, Guilleminault C. Maxillomandibular advancement for persistent obstructive sleep apnea after phase I surgery in patients without maxillomandibular deficiency. Laryngoscope 2000; 110: 1684-1688
222. Bettega G, Pepin JL, Veale D, Deschaux C, Raphael B, Levy P. Obstructive sleep apnea syndrome. Fifty-one consecutive patients treated by maxillofacial surgery. Am J Respir Crit Care Med 2000; 162: 641-649
223. Goh YH, Lim KA. Modified maxillomandibular advancement for the treatment of obstructive sleep apnea: a preliminary report. Laryngoscope 2003; 113: 1577-1582
224. Dattilo DJ, Drooger SA. Outcome assessment of patients undergoing maxillofacial procedures for the treatment of sleep apnea: comparison of subjective and objective results. J Oral Maxillofac Surg 2004; 62: 164-168
225. Conradt R, Hochban W, Heitmann J, Brandenburg U, Cassel W, Penzel T, Peter JH. Sleep fragmentation and daytime vigilance in patients with OSA treated by surgical maxillomandibular advancement compared to CPAP therapy. J Sleep Res 1998; 7: 217-223
226. Li KK, Powell NB, Riley RW, Troell RJ, Guilleminault C. Long-term results of maxillomandibular advancement surgery. Sleep Breath 2000; 4: 137-139
227. McCarthy JG, Schreiber J, Karp N, Thorne CH, Grayson BH. Lengthening the human mandible by gradual distraction. Plast Reconstr Surg 1992; 89: 1-10
228. Bell RB, Turvey TA. Skeletal advancement for the treatment of obstructive

sleep apnea in children. Cleft Palate Craniofac J 2001; 38: 147-154

229. Riley RW, Powell NB, Guilleminault C. Obstructive sleep apnea syndrome: A review of 306 consecutively treated surgical patients. Otolaryngol Head Neck Surg 1993; 108: 117-125
230. Burstein FD, Cohen SR, Scott PH, Teague GR, Montgomery GL, Kattos AV. Surgical therapy for severe refractory sleep apnea in infants and children: application of the airway zone concept. Plast Reconstr Surg 1995; 96: 34-41
231. Cohen SR, Lefaivre JF, Burstein FD, Simms C, Kattos AV, Scott PH, Montgomery GL, Graham LR. Surgical treatment of obstructive sleep apnea in neurologically compromised patients. Plast Reconstr Surg 1997; 99: 638-646
232. Cohen SR, Simms C, Burstein FD, Thomsen J. Alternatives to tracheostomy in infants and children with obstructive sleep apnea. J Pediatr Surg 1999; 34: 182-187
233. Stuck BA, Starzak K, Verse T, Hörmann K, Maurer JT. Combined radiofrequency volumetric tissue reduction of tongue base and soft palate – morbidity and complications [in German]. Somnologie 2002; 6: 19-25
234. Woodson BT, Steward DL, Weaver EM, Javaheri S. A randomized trial of temperature-controlled radiofrequency, continuous positive airway pressure, and placebo for obstructive sleep apnea syndrome. Otolaryngol Head Neck Surg 2003; 128: 848-861
235. Johnson NT, Chinn J. Uvulopalatopharyngoplasty and inferior sagittal mandibular osteotomy with genioglossus advancement for treatment of obstructive sleep apnea. Chest 1994; 105: 278-283
236. Ramirez SG, Loube DI. Inferior sagittal osteotomy with hyoid bone suspension for obese patients with sleep apnea. Arch Otolaryngol Head Neck Surg 1996; 122: 953-957
237. Elasfour A, Miyazaki S, Itasaka Y, Yamakawa K, Ishikawa K, Togawa K. Evaluation of uvulopalatopharyngoplasty in treatment of obstructive sleep apnea syndrome. Acta Otolaryngol 1998; Suppl 537; 52-56
238. Lee NR, Givens CD, Wilson J, Robins RB. Staged surgical treatment of obstrcutive sleep apnea syndrome: a review of 35 patients. J Oral Maxillofac Surg 1999; 57: 382-385
239. Hsu PP, Brett RH. Multiple level pharyngeal surgery for obstructive sleep apnoea. Singapore Med J 2001; 42: 160-164
240. Hendler BH, Costello BJ, Silverstein K, Yen D, Goldberg A. A protocol for uvulopalatoplasty, mortised genioplasty, and maxillomandibular advancement in patients with obstructive sleep apnea: an analysis of 40 cases. J Oral Maxillofac Surg 2001; 59: 892-897
241. Nelson LM. Combined temperature-controlled radiofrequency tongue reduction and UPPP in apnea surgery. Ear Nose Throat J 2001; 640-644
242. Vilaseca I, Morello A, Montserrat JM, Santamaria J, Iranzo A. Usefulness of uvulopalatopharyngoplasty with genioglossus and hyoid advancement in the treatment of obstructive sleep apnea. Arch Otolaryngol Head Neck Surg 2002; 128: 435-440
243. Neruntarat C. Genioglossus advancement and hyoid myotomy: short-term and long-term results. J Laryngol Otol 2003; 117: 482-486
244. Friedman M, Ibrahim H, Lee G, Joseph NJ. Combined uvulopalatopharyngolplasty and radiofrequency tongue base reduction for treatment of obstructive sleep apnea/hypopnea syndrome. Otolaryngol Head Neck Surg 2003; 129: 611-621
245. Miller FR, Watson D, Boseley M. The role of genial bone advancement trephine system in conjunction with uvulopalatopharyngoplasty in the multilevel management of obstructive sleep apnea. Otolaryngol Head Neck Surg 2004; 130: 73-79
246. Verse T, Baisch A, Maurer JT, Stuck BA, Hörmann K. Multi-level surgery for obstructive sleep apnea. Otolaryngol Head Neck Surg; manuscript submitted